

## 10th Grade Physical Education Survey Requirements:

Attendance is mandatory at each class.

If a student misses a class due to a school function or illness, that student will be given an opportunity to make up that class.

If a student misses a class because the student “**CUT**” the class, there will be no opportunity to make up that particular class. They get **NO CREDIT** for the day.

Each class is worth approximately **five points** toward your grade. You have an opportunity then to achieve or earn five points toward your grade each class period. Instead of the thought process that you lose points for a particular reason from a class, you will now be earning points toward your grade. Therefore at the end of the quarter, the grade you receive will be the grade you **EARNED**.

**Each class is broken down into a five point system:**

-One point for **PREPARATION**. Preparation = shorts, white, navy, or gray t-shirt (Crew neck only), and sneakers that tie, are not built up with a thick sole-are appropriate for athletic activity.

-One point for **ACTIVE PARTICIPATION**. Getting dressed and merely standing on a court/field, etc. does NOT=participation. The student must actively be involved in the drill, activity or game to earn credit. A student that is not properly dressed or prepared for class may **not** participate. (Unless it's there first time or any underlying circumstances that occurred. Ex. Came in with a late pass and class is almost over, has a guidance appointment, etc.)

-One point for **SOCIAL RESPONSIBILITY/SAFETY**. SR=being fair to one's fellow students and the teacher. No swearing during class or negative comments towards anyone in the class. To have a positive attitude and do the best they can and accept the limitations of others.

**SAFETY**=Through proper dress and participation the student does NOT put themselves or anyone else in the class in danger of potential injury. This will include following the rules, warnings and instruction of the teacher for that class.

-One point for **COOPERATION/PERSONAL EFFORT**. If the student does not actively participate at their standard level and follow instruction from the teacher they will lose a point for the day. If the student does not attend class, they will lose five points for the day. Legal absences due to being sick are accepted for makeups if they are out for more than 3 days. If the student is late to class, they will have a point deducted from their daily grade.

-One point for **SKILL ACQUISITION EFFORT/COGNITIVE**. SAE refers to the student showing positive effort in performing the activity. Student has learned to use equipment, appropriately and follows all safety guidelines as instructed. Cognitive performance assessments are a set of stimulus-based questions designed to determine understanding and application of knowledge of the unit.

Definitions of

**effort:**

**Effort** has to do with how much work you're putting into something. A great achievement can also be considered a great *effort*.

Effort has to do with how hard you're trying. If something is easy, it doesn't take much effort. If it's hard, it takes a lot of effort. Effort is about trying to get something done, even if it doesn't always work out. In sports, coaches don't like losing, but they really hate it when the players aren't giving much effort. (vocabulary.com)

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_